

Further Information:
To sign up please email:
netballcamp17@gmail.com
Please sign up by Friday
20 July 2018

Netball Training Camp

Ages 8-13

Mon 30 & Tues 31 July 2018



Timings: 9:30am till 3:00pm

Location: Princethorpe College (CV23 9PX) - netball courts

Cost: £60 for the 2 days or £30 for a single day.

The camp will be run by Jodie Fisher & Hannah Carminati (Level 2 Netball Coaches).

The training camp:

- **Morning sessions:** a mixture of attacking skills, shooting skills and defending skills.
- **Afternoon sessions:** will consist of conditioned games/match play and how to apply the skills they have developed into a competitive environment.



Things you will need to bring:

- **Clothing** - the camp will take place outside so bring suitable clothing and suitable footwear.
- **Drinks** - bring enough to last you the day, however, there are water fountains on site to refill your water bottles;
- **Food** - make sure you bring a packed lunch with you and snacks to keep you going throughout the day.

Come along and improve your netball skills, all ability levels welcome!